Vision 3



مجتمع آموزشی غیردولتی مجد

llvllasud

Vision 3

Lesson One

حس قدردانی

Sense of Appreciation

- a feeling of being grateful for something ;
- an ability to understand the value or importance of something ;
- an ability to appreciate something

sense (n.) : feeling ; awareness ; perception — حس، احساس

appreciate (v.) : understand the value or worth of something ; admire — قدردانستن

appreciation (n.) : valuing ; respect ; admiration — قدردانی

llvllasud

Vision 3

L1 Sense of Appreciation

Interesting Facts

Helping others **lowers** blood pressure.

پایین آوردن

lower (v.) : make or become less ; reduce ; decrease

≠ raise ; increase

Kindness **boosts** energy and **strength** in elderly people.

افزایش / ارتقا دادن

boost (v.) : raise ; increase ; improve

strength (n.) : power

قدرت بدنی، توانایی

سالمند

elderly (adj.) : old ; aged ; mature

Teenagers who help others are more successful in life.

نوجوان

teenager (n.) : a person aged between 13 and 19 years

Vision 3

L1 Sense of Appreciation

Interesting Facts

Listening to the **advice** of older people improves our lives.

advice (n.) : *guidance or suggestion* | نصیحت | *advise (v.)*

Taking care of **grandchildren** increases brain **function** and memory.

grandchild (n.) : *a child of one's son or daughter* | نوه

function (n.) : *task ; role ; action ; job ; activity ; duty* | عملکرد

take care (v.) : *look after ; keep safe ; protect* | مراقبت کردن / مراقب بودن





raise

increase

improve

boost

≠

lower

reduce

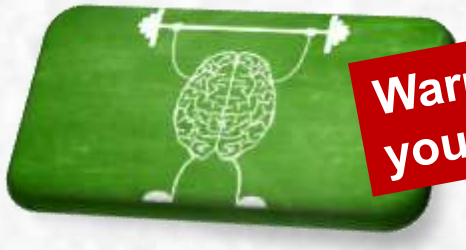
decrease

llvllasud

llvllasud

Vision 3

L1 Sense of Appreciation



Warm up your brain!



mountain climbing

goal / aim

Helping and supporting each other

mountaintop / mountain peak / climax

Spending time together as a family

parents

children

Blood donation

voluntary

charity

generosity

اهدای خون

Taking care of elders

grandparents

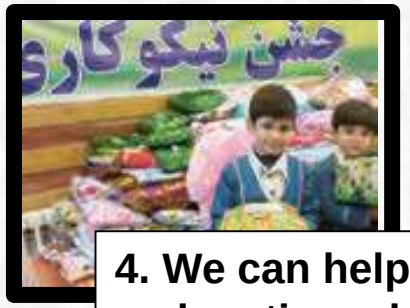
wheelchair

Vision 3

L1 Sense of Appreciation

Get Ready

Match the pictures with the following sentences.



4. We can help many people by donating what they need.



3. Family members should listen to each other.



1. Children should respect their parents.



2. We have to take care of elderly people.

llvllasud

Vision 3

L1 Sense of Appreciation

take temperature, physician, regard, dedicated, spare no pains, distinguished, not surprisingly, found

Word Bank



llvllasud

Vision 3 | L1 | Sense of Appreciation

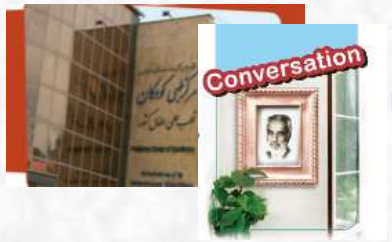
Word Bank

llvllasud

take temperature : *measure temperature by using a thermometer* — سنجش تب

physician (n.) : *doctor of medicine* — دکتر

regard (v.) : *consider ; think of* — در نظر گرفتن





dedicate (v.) : *devote time or effort to a particular task or purpose* — اختصاص دادن

spare no pains : *spend so much time, money or effort* — از هیچ تلاشی دریغ نکردن

distinguish (v.) : *recognize or treat (someone or something) as different* — تشخیص دادن تمایز

surprisingly (adv.) : *in a way that causes surprise ; unexpectedly* — در کمال تعجب

found (v.) : *establish ; set up ; start ; create* — تأسیس کردن

Vision 3 | L1 | Sense of Appreciation

Word Bank

Sara has been in the Children's Medical Center for a week. She has caught a terrible flu. The doctor told her to stay there to get better. There is a photograph of an old man on the wall. While the nurse is taking her temperature, they start talking.

medical center : *a large health-care facility ; hospital*

مرکز پزشکی

terrible : very *bad ; awful*

بسیار بد، سخت





llvllasud

Vision 3

L1 Sense of Appreciation

llvllasud



Sara: Excuse me, who is that man in the picture?

Nurse: Oh, don't you know him? Have you ever heard of Dr. Mohammad Gharib?

Sara: I guess I have only seen his name in my English book, but I'm not sure about it.

Nurse: Dr. Gharib was a famous physician.

Sara: Oh,… can you tell me a little about his life?

Nurse: Dr. Gharib was born in Tehran in 1288. After receiving his diploma, he went abroad to study medicine. In 1316 he became a physician and then came back to his homeland. In 1347 this center was founded by Dr. Gharib and one of his close friends.

Sara: Really? I didn't know that.

Nurse: Dr. Gharib was also a generous man. He spared no pains

دست و دل باز

generous : *open-handed ; unselfish*



وطن

homeland : *native land*

close : *near*

نزدیک

guess : *say something without having enough information*

حدس زدن

famous : *well-known*

receive : *get*

abroad : *foreign country*

diploma : *an official document or certificate that shows someone has successfully completed a course*

Vision 3 — L1 Sense of Appreciation

to cure sick children. He was very friendly and helpful to poor families. Not surprisingly, he was regarded as a dedicated physician.

Sara: It's a pity! I didn't know such a great man.

Nurse: He was known as a distinguished university professor, too. The first Persian textbook on children's diseases was written by him. He taught medicine to thousands of students.

Sara: Oh, what a great man he was!

Nurse: By the way, it might be interesting to know that your physician was one of Dr. Gharib's students!

Sara: Really?! That's interesting!

llvllasud



sick : *ill ; patient*

poor ≠ *rich*

disease : *illness*

regard (v.) : *consider ; think of*

great : *excellent*

dedicated (adj.) : *devoted*

It's a pity: what a *shame*

by the way : *used to introduce a new topic* — راستی!

Vision 3

New Words and Expressions

L1 Sense of Appreciation



Hamid sits on the sofa and watches TV <u>all the time</u>.

always

sofa (n.) : a long seat with a back and arms ; couch

کاناپه



My grandfather feeds the pigeons in the park every morning.

feed (v.) : give food to

غذا دادن

pigeon (n.) : a seed- or fruit-eating bird with a small head

کبوتر



Dad really shouted at me when I didn't do my homework.

shout (v.) : speak loudly and angrily to ; say sth very loudly

داد زدن



We **have to** speak louder, because my grandmother is hard of hearing.

have / has to (v.) : must ; used when sth is necessary or must happen

بلند

loud (adv.) : with a great deal of volume

hard of hearing : refers to a person who has problems in hearing voices without using a hearing aid

کم‌شنوا

llvllasud

Vision 3

New Words and Expressions

L1 Sense of Appreciation



زاده شدن

Ferdowsi was born in a village near Toos.

near : close to ≠ far from be born

born (adj.) : existing as result of birth



My uncle went to his son and hugged him.

uncle (n.) : one's mother's or father's brother

در آغوش گرفتن

hug (v.) : hold in arms ; embrace

What does the pronoun "him" refer to? **his son**

Your uncle's son is your **cousin**



My little sister sits on my mother's lap all the time.

lap (n.) : the flat area between the waist and the knees of a seated person

Do you know any other words made using the word "**lap**"?

a laptop

llvllasud

Vision 3



L1 **Sense of Appreciation**

burst into tears : to cry suddenly

cry ≠ laugh

به گریه افتادن

suddenly : *at once ; quickly and unexpectedly*

Aida burst into tears when she saw her score.

score : mark ; the number of points in a test

forgive: to stop being angry with someone

forgive *(v.) : excuse ; pardon*

بخشیدن

Mom forgave me for breaking the vase.

vase *(n.) : a decorative container made of glass used for displaying flowers*

repeatedly: many times

مکرراً

repeat *(v.) : do again or more than once*

I've told Mohsen repeatedly to talk politely to his teachers.

polite *(adj.) ≠ rude*

calmly: in a quiet way

در آرامش

calm *(adj.) : quiet ; relaxed*

He always speaks slowly and calmly.

llvllasud

Vision 3

New Words and Expressions

L1 Sense of Appreciation

دفتر خاطرات

diary: a book in which you record your thoughts or feelings or what has happened every day.

I have kept a diary for twelve years.

to keep a diary



Vision 3

L1 Sense of Appreciation

Reading

Respect your Parents

respect (v.) : admire someone deeply

احترام گذاشتن



llvllasud

Respect your Parents

On a spring morning, an old woman was sitting on the **sofa** in her house. Her young son was reading a newspaper. **Suddenly** a **pigeon** sat on the window.

The Seasons : *Spring / Summer / Autumn / Winter*

sofa (n.) : a long seat with a back and arms ; couch



was / were + verb + ing

Past Progressive Tense

suddenly (adv.) : immediately ; quickly and unexpectedly ; at once

pigeon (n.) : a kind of bird

Respect your Parents

have / has + PP

Present Perfect Tense

The mother asked her son **quietly**, “What is this?” The son **replied**: “It is a pigeon”. After a few minutes, she asked her son for the second time, “What is this?” The son said, “Mom, I have just told you, “It’s a pigeon, a pigeon”. After a little while, the old mother asked her son for the third time, “What is this?” This time the son **shouted** at his mother, “Why do you keep asking me the same question again and again? Are you **hard of hearing**?”



به آرامی

quietly (adv.) : in a quiet manner ; silently ≠ loudly

پاسخ دادن

reply (v.) : answer ≠ ask

a little ≠ much ; a lot of ; lots of

a few ≠ many ; a lot of ; lots of

shout (v.) : speak loudly and angrily

hard of hearing : refers to a person who has problems in hearing voices without using a hearing aid

Respect your Parents

A little later, the mother went to her room and came back with an old **diary**. She said, “My **dear** son, I bought this diary when you **were born**”. Then, she opened a page and kindly asked her son to read that page. The son looked at the page, **paused** and started reading it **aloud**:



diary (n.) : a book in which you record your thoughts or feelings or what has happened every day

عزیز

dear (adj.) : loved ; lovely ; darling

born (adj.) : existing as result of birth

aloud (adv.): loudly ; with a loud voice

Respect your Parents

Today my little son was sitting on my lap, when a pigeon sat on the window. My son asked me what it was 15 times, and I replied to him all 15 times that it was a pigeon. I hugged him lovingly each time when he asked me the same question again and again. I did not feel angry at all. I was actually feeling happy for my lovely child.



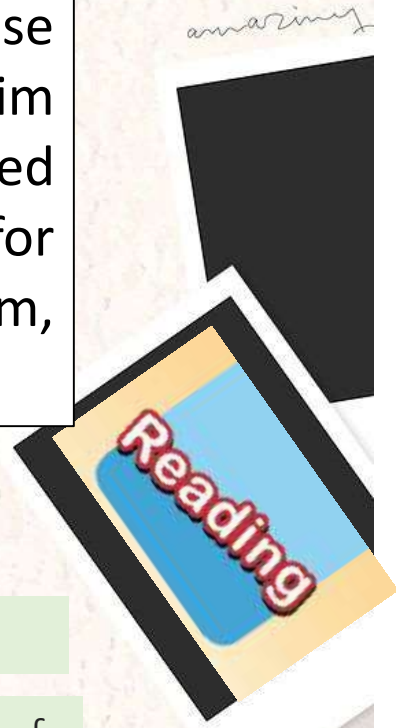
reply (v.) : answer

each : every

same (adj.) : not different

Respect your Parents

Suddenly the son **burst into tears**, **hugged** his old mother and said **repeatedly**, “Mom, mom, **forgive** me; please forgive me.” The old woman hugged her son, kissed him and said **calmly**, “We must **care** for those who once cared for us. We all know how parents cared for their children for every little thing. Children must love them, **respect** them, and care for them”.



burst into tears (v.) : cry suddenly

hug (v.) : hold in arms

repeatedly (adv.): again and again

forgive (v.): excuse ; pardon

calmly (adv.): in a calm manner

care (v.): look after ; take care of

Vision 3

L1 Sense of Appreciation

Reading



طرح سؤال

generate (v.): produce ; create

generation (n)

Question generation is a reading comprehension strategy **whereby** readers ask and answer meaningful questions about the important points or main ideas of a text. Using this strategy, students ask and answer their own questions **rather than** only answering questions **provided** by the book or the teacher.

که از آن طریق whereby (adv.): by which

به جای rather than : more than

فراهم نمودن provide (v.) : make ready ; give ; make available

llvllasud

Vision 3

L1 Sense of Appreciation

Reading



Follow these steps:

1. Read the text.
2. Find the important points or main ideas.
3. Make a question for each point or idea.
4. Answer the questions.



Vision 3

L1 Sense of Appreciation

Reading





Common **question starters** along with their possible answers are as follows:

Question Starter	Possible Answer
Who	Person
What	Object, Description or Process
Where	Location
When	Time
Why	Reason
How	Quantity, Process or Description

IIvIIasud

Vision 3

L1 Sense of Appreciation

Reading

Reading Strategy

Question generation



Question Starter	Possible Answer
1- When did the story take place?	On a spring morning
2- What sat on the window?	A pigeon
3- How many times did the woman ask the question?	Three times
4- Where did the mother go?	To her room
5- What did she bring?	A diary

IIvIIasud

هم‌آیند

Collocations





A **collocation** is two or more words that often go together. Collocations tell us which words can come before or after other words. These **combinations** just sound 'right' to native speakers, who use them all the time. **On the other hand**, other combinations may be **unnatural** and just sound 'wrong'.

combine (v.): join ; unite ; get together

ترکیب combination (n.): joining different parts

از سویی دیگر on the other hand : used to introduce a new point of view, fact or point

unnatural (adj.): not normal ; unusual ; abnormal ; strange

غیرمعمول

Collocations



- *fast food* but *quick meal*. It would not be normal to say ~~*quick food*~~ or ~~*fast meal*~~.
- *strong wind* but *heavy rain*. It would not be normal to say ~~*heavy wind*~~ or ~~*strong rain*~~.
- *make a mistake* but *do exercise*. It would not be normal to say ~~*do a mistake*~~ or ~~*make exercise*~~.

do homework

give a presentation

regular exercise

healthy diet

llvllasud

Collocations



Or in the Reading, you can see the following collocations:

- read a newspaper (NOT ~~study~~ a newspaper)
- sit on the sofa (NOT sit ~~at~~ the sofa)
- hard of hearing (NOT ~~difficult~~ of hearing)